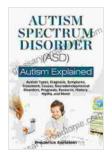
# Autism: Types, Diagnosis, Symptoms, Treatment, and Causes

## What is Autism?

Autism is a complex neurodevelopmental disFree Download that affects a person's ability to communicate and interact with others. It is a spectrum disFree Download, meaning that it can range in severity from mild to severe. Autism is characterized by difficulties in social interaction, repetitive behaviors, and restricted interests.



Autism Spectrum Disorder (ASD): Autism Types, Diagnosis, Symptoms, Treatment, Causes, Neurodevelopmental Disorders, Prognosis, Research, History, Myths, and More! Autism Explained

by Frederick Earlstein

****	4.4 out of 5
Language	: English
File size	: 2339 KB
Text-to-Speech	: Enabled
Screen Reader	: Supported
Enhanced types	etting : Enabled
Print length	: 122 pages
Lending	: Enabled



Autism is a lifelong condition, but early intervention can help to improve a person's quality of life. Treatment may include therapies such as speech therapy, occupational therapy, and physical therapy. Medications may also be prescribed to help manage symptoms.

## **Types of Autism**

There are several different types of autism, including:

\* Autistic disFree Download: This is the most severe type of autism. People with autistic disFree Download have significant difficulties in social interaction and communication. They may also have repetitive behaviors and restricted interests. \* Asperger's syndrome: This is a milder form of autism. People with Asperger's syndrome have difficulty with social interaction, but they may be able to communicate and learn normally. \* Pervasive developmental disFree Download-not otherwise specified (PDD-NOS): This is a category for people who have some symptoms of autism, but do not meet the full criteria for autistic disFree Download or Asperger's syndrome.

#### Diagnosis of Autism

Autism is typically diagnosed in early childhood, although it can be diagnosed at any age. Diagnosis is based on a person's behavior and symptoms. There is no single test for autism.

To diagnose autism, a doctor will typically ask about a person's developmental history and observe their behavior. The doctor may also Free Download tests to rule out other medical conditions.

#### Symptoms of Autism

The symptoms of autism can vary from person to person. However, some of the most common symptoms include:

\* Difficulties with social interaction, such as making eye contact, understanding social cues, and participating in conversations \* Repetitive behaviors, such as flapping hands, rocking back and forth, or lining up toys \* Restricted interests, such as being obsessed with a particular topic or activity \* Sensory sensitivities, such as being oversensitive to loud noises or bright lights \* Language difficulties, such as delayed speech, difficulty understanding language, or using repetitive language

#### **Treatment of Autism**

There is no cure for autism, but early intervention can help to improve a person's quality of life. Treatment may include:

\* **Therapies:** Therapies such as speech therapy, occupational therapy, and physical therapy can help to improve a person's communication, social skills, and motor skills. \* **Medications:** Medications may be prescribed to help manage symptoms such as hyperactivity, impulsivity, and anxiety. \* **Special education:** Children with autism may need special education services to help them learn and develop.

## **Causes of Autism**

The exact cause of autism is unknown, but it is believed to be caused by a combination of genetic and environmental factors. Some of the risk factors for autism include:

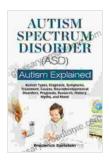
\* Having a family history of autism \* Being born prematurely \* Having a low birth weight \* Being exposed to certain environmental toxins, such as lead and mercury

# **Prognosis for Autism**

The prognosis for autism varies from person to person. Some people with autism are able to live independently and work in competitive jobs. Others may need lifelong support.

Early intervention can help to improve the prognosis for autism. Children who receive early intervention are more likely to develop social skills, learn to communicate, and live independently.

Autism is a complex neurodevelopmental disFree Download that can have a profound impact on a person's life. However, with early intervention and support, people with autism can live full and productive lives.



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