

# Choose This, Not That: Empowering Men with Prostate Cancer with Essential Decision-Making Tools

A prostate cancer diagnosis can be life-changing, leaving men overwhelmed and uncertain about their treatment options. The vast array of information available can be daunting, making it difficult to make well-informed decisions about their care. *Choose This, Not That* by Dr. Mark Moyad offers a comprehensive and patient-friendly guide to help men navigate the complexities of prostate cancer treatment.

## Empowering You with Knowledge and Choice

Dr. Moyad, a leading urologist and prostate cancer specialist, recognized the need for a clear and concise resource for men facing this disease. *Choose This, Not That* is designed to empower patients with the knowledge and tools they need to make informed decisions about their treatment.



## Choose This not That for Prostate Cancer

by Personal Remedies

★★★★☆ 4.4 out of 5

Language : English  
File size : 1348 KB  
Text-to-Speech : Enabled  
Screen Reader : Supported  
Enhanced typesetting : Enabled  
Word Wise : Enabled  
Print length : 304 pages

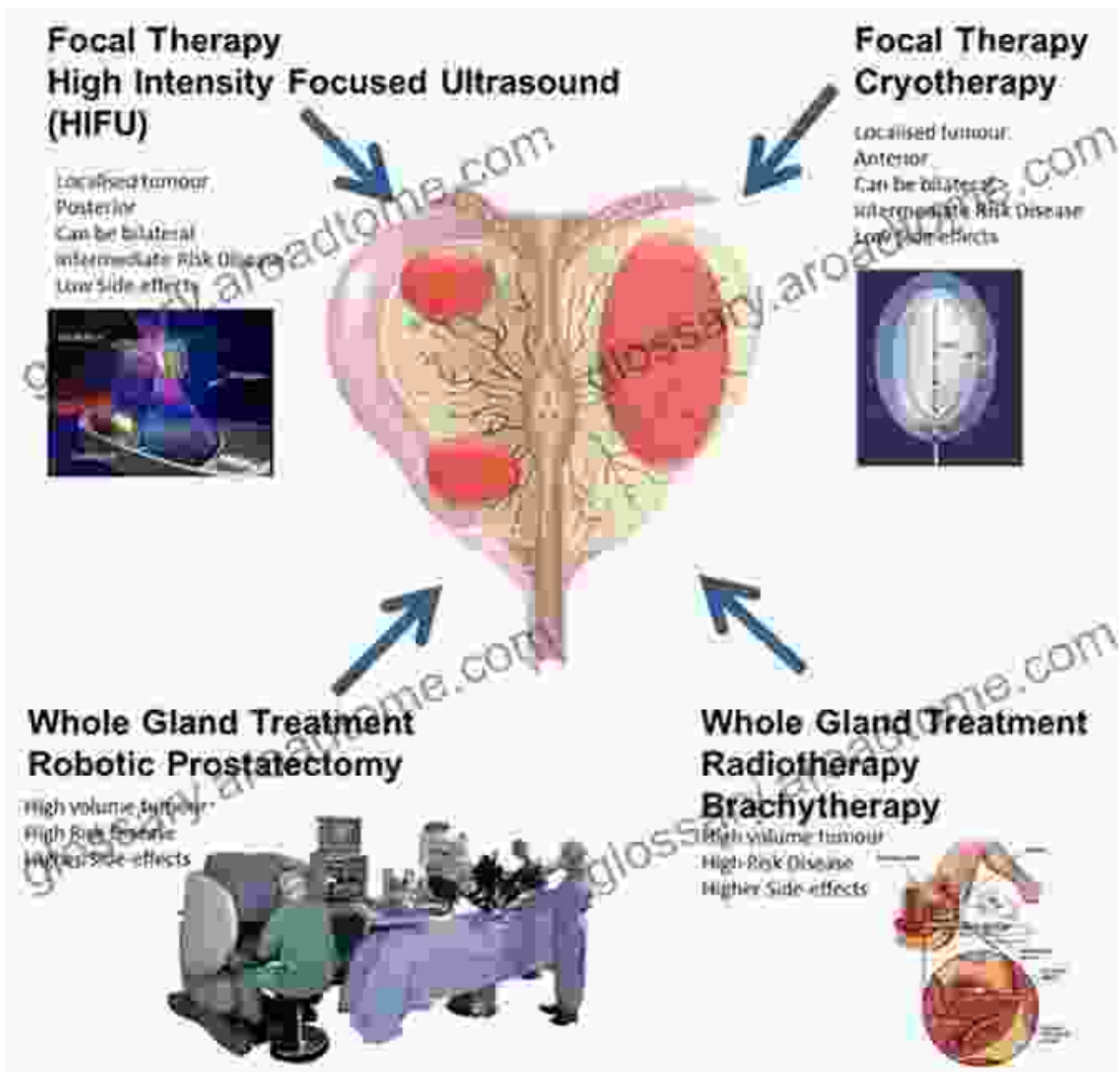
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The book is divided into two parts: "**Treatment Options**" and "**Making the Best Decision.**" The first part provides detailed explanations of various treatment modalities, including surgery, radiation therapy, hormonal therapy, and watchful waiting.

Dr. Moyad presents the advantages and disadvantages of each option, using plain language and avoiding technical jargon. He also discusses the latest research and advancements in prostate cancer treatment, providing readers with up-to-date information.



## Guiding You Through the Decision-Making Process

The second part of the book focuses on guiding men through the decision-making process. Dr. Moyad recognizes that every patient is unique, and the best treatment decision depends on individual circumstances, values, and preferences.

He provides helpful worksheets and exercises to assist men in weighing the pros and cons of each treatment option. He also emphasizes the importance of open communication with doctors and loved ones, urging patients to ask questions, express concerns, and seek support.

## Why Choose This Book?

- **Comprehensive and Up-to-Date Information:** *Choose This, Not That* provides a thorough overview of prostate cancer treatment options, including the latest research and advancements.
- **Patient-Friendly and Easy to Understand:** Dr. Moyad uses clear language and avoids technical jargon, making the book accessible to all readers.
- **Empowering Decision-Making Tools:** The book includes worksheets and exercises to guide men through the decision-making process and empower them to make informed choices.
- **Personalized Approach:** Dr. Moyad emphasizes the importance of individualized care, recognizing that the best treatment decision depends on each patient's circumstances and preferences.
- **Trusted Guidance from an Expert:** *Choose This, Not That* is written by Dr. Mark Moyad, a leading urologist and prostate cancer specialist with decades of experience.

## Free Download Your Copy Today

If you or a loved one is facing prostate cancer, *Choose This, Not That* is an invaluable resource. Free Download your copy today and take control of your treatment decisions.

Free Download Now

## Testimonials

"*Choose This, Not That* is an essential guide for men facing prostate cancer. It provides clear and concise information, empowers patients with the knowledge they need, and guides them through the decision-making process." - Dr. David Samadi, Chief of Robotics and Minimally Invasive Surgery at Mount Sinai New York

"Dr. Moyad has written a comprehensive and accessible book that will help men navigate the complexities of prostate cancer treatment. I highly recommend *Choose This, Not That* to all patients and their families." - Dr. Michael O'Leary, Professor of Radiation Oncology at the University of Pennsylvania



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