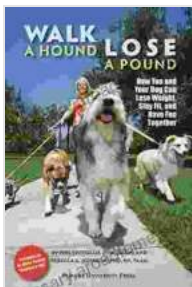


How You and Your Dog Can Lose Weight, Stay Fit, and Have Fun: New Directions in the Canine Fitness Revolution

Are you and your dog tired of being overweight and out of shape? Do you want to get healthy and have more fun together? Then this book is for you!



Walk a Hound, Lose a Pound: How You & Your Dog Can Lose Weight, Stay Fit, and Have Fun (New Directions in the Human-Animal Bond) by Gincy Heins

★★★★☆ 4.5 out of 5

Language : English
File size : 3774 KB
Text-to-Speech : Enabled
Enhanced typesetting : Enabled
Word Wise : Enabled
Print length : 162 pages
Screen Reader : Supported



In *How You and Your Dog Can Lose Weight, Stay Fit, and Have Fun*, renowned dog trainer and fitness expert Dr. Marty Becker provides everything you need to know to help your dog achieve a healthy weight and lifestyle. You'll learn about:

- The importance of diet and exercise for dogs
- How to create a personalized weight loss plan for your dog
- The best exercises for dogs of all ages and fitness levels

- How to keep your dog motivated and engaged in their fitness routine
- And much more!

With Dr. Becker's expert guidance, you and your dog will be on your way to a healthier, happier life together.

About the Author

Dr. Marty Becker is a renowned dog trainer and fitness expert. He is the founder of the Canine Fitness Center in Redmond, Washington, and the author of numerous books on dog care and training. Dr. Becker is also a regular contributor to *The Today Show* and *Good Morning America*.

Reviews

"Dr. Becker's book is a must-read for any dog owner who wants to help their pet live a long, healthy life. His expert advice on diet, exercise, and training will help you and your dog achieve your fitness goals together." —

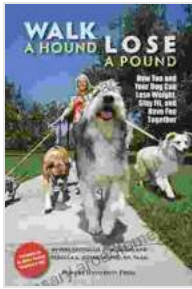
Cesar Millan, Dog Whisperer

"This book is packed with practical information that will help you and your dog get in shape and stay healthy. Dr. Becker's approach is fun and engaging, and he makes it easy to follow his advice." —

**Victoria Stilwell,
Dog Trainer and Author**

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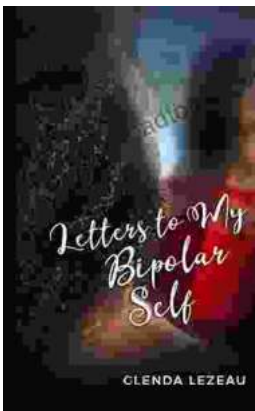
How You and Your Dog Can Lose Weight, Stay Fit, and Have Fun is available now at all major bookstores. Free Download your copy today and start your journey to a healthier, happier life with your best friend.



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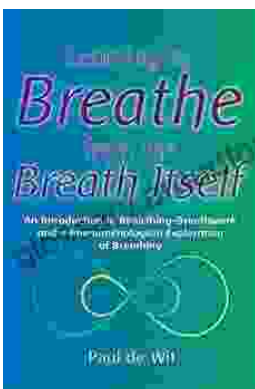
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