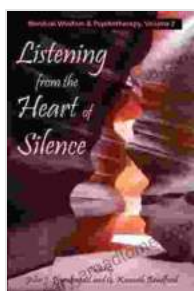


Listening From The Heart Of Silence Nondual Wisdom Psychotherapy

A groundbreaking book that explores the transformative power of nondual wisdom in psychotherapy

In *Listening From The Heart Of Silence Nondual Wisdom Psychotherapy*, experienced psychotherapist Paul Bedard offers a refreshing approach to mental health. Drawing on insights from nondual wisdom traditions, this book provides a unique perspective on the nature of the mind and how it can be healed.

Nondual wisdom is a perspective that sees all of reality as interconnected and fundamentally good. This perspective challenges the conventional dualistic view of the world, which sees the world as divided into opposing forces such as good and evil, right and wrong, and self and other.



Listening from the Heart of Silence (Nondual Wisdom & Psychotherapy Book 2) by G. Kenneth Bradford

★★★★☆ 4.5 out of 5

Language : English
File size : 724 KB
Text-to-Speech : Enabled
Screen Reader : Supported
Enhanced typesetting : Enabled
Print length : 300 pages
Lending : Enabled

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When we adopt a nondual perspective, we begin to see the world with more compassion and understanding. We recognize that all beings are interconnected and that we are all part of a larger whole. This perspective can lead to a profound sense of peace and well-being.

Bedard shows how nondual wisdom can be applied to psychotherapy in a variety of ways. He offers practical tools and techniques that can help therapists and clients to connect with their inner wisdom and find healing.

This book is essential reading for:

- Therapists who want to learn more about nondual wisdom and how it can be applied to psychotherapy
- Clients who are looking for a more holistic approach to mental health
- Anyone who is interested in exploring the transformative power of nondual wisdom

Listening From The Heart Of Silence Nondual Wisdom Psychtherapy is a groundbreaking book that offers a new perspective on mental health. This book provides valuable insights into the nature of the mind and how it can be healed. If you are looking for a more holistic approach to mental health, this book is essential reading.

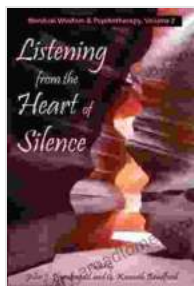
About the Author

Paul Bedard is an experienced psychotherapist and the author of several books on nondual wisdom. He has been practicing psychotherapy for over 20 years and has a deep understanding of the human mind. Bedard is passionate about helping others to find healing and wholeness.

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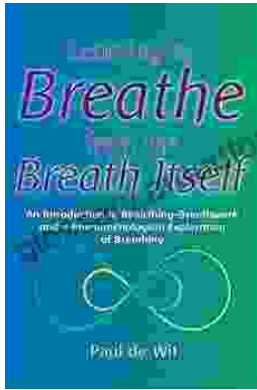
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