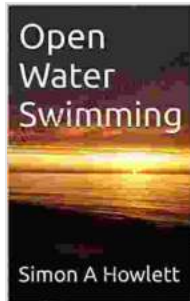


Open Water Swimming: The Ultimate Guide to Safety, Fun, and Fitness



Open Water Swimming by Kitty Martone

★★★★☆ 4.2 out of 5

Language : English
File size : 2369 KB
Text-to-Speech : Enabled
Screen Reader : Supported
Enhanced typesetting : Enabled
Word Wise : Enabled
Print length : 20 pages
Lending : Enabled

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By Kitty Martone

Open water swimming is a great way to stay fit, have fun, and enjoy the outdoors. But it's important to be aware of the risks involved and to take precautions to stay safe.

In her book, *Open Water Swimming*, Kitty Martone provides a comprehensive guide to everything you need to know about open water swimming, from choosing the right gear to dealing with currents and waves. She also offers tips on how to stay safe and have fun while swimming in open water.

Here are some of the things you'll learn in *Open Water Swimming*:

- How to choose the right gear for open water swimming
- How to deal with currents and waves
- How to stay safe while swimming in open water
- How to have fun while swimming in open water

If you're interested in open water swimming, then *Open Water Swimming* is the book for you. It's a comprehensive guide that will help you stay safe, have fun, and get fit.

About the Author

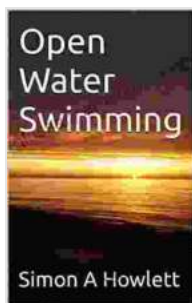
Kitty Martone is a lifelong swimmer and open water enthusiast. She has swum in oceans, lakes, and rivers all over the world. She is also a certified open water swimming coach and has helped hundreds of people learn how to swim in open water.

Kitty's passion for open water swimming is evident in her writing. Open Water Swimming is a clear and concise guide that is packed with valuable information. It's a must-read for anyone who is interested in open water swimming.

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Don't miss out on this essential guide to open water swimming. Free Download your copy today and start enjoying the many benefits of this great sport.

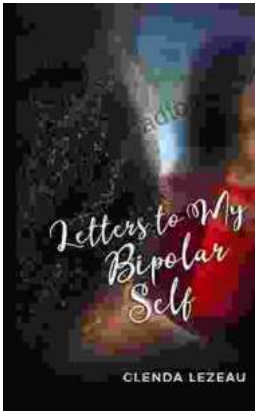


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