

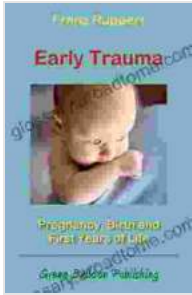
Pregnancy, Birth, and the First Years of Life: An Essential Guide for Parents-to-Be and New Parents



Early Trauma: Pregnancy, Birth and First Years of Life

by Franz Ruppert

★★★★☆ 4.4 out of 5



Language	: English
File size	: 2063 KB
Text-to-Speech	: Enabled
Screen Reader	: Supported
Enhanced typesetting	: Enabled
Word Wise	: Enabled
Print length	: 383 pages
Lending	: Enabled



Congratulations! You're expecting a baby! This is an exciting and life-changing time, and it's natural to have a lot of questions about what to expect during pregnancy, birth, and the first years of your child's life.

This comprehensive guidebook covers everything you need to know, from conception to early childhood. Written by a team of experienced doctors and educators, this book provides evidence-based information and practical advice to help you make informed decisions about your health and the well-being of your child.

Inside, you'll find information on:

- **Pregnancy:** What to expect week by week, from conception to birth
- **Birth:** What to expect during labor and delivery, and how to prepare for a safe and healthy birth
- **Newborn care:** How to care for your newborn baby in the first few weeks of life
- **Baby care:** How to feed, bathe, diaper, and care for your baby as they grow

- Toddler care: How to care for your toddler as they learn to walk, talk, and explore their world
- Child development: What to expect in terms of your child's physical, cognitive, and emotional development

This book is an essential resource for parents-to-be and new parents. It's packed with information and advice to help you make informed decisions about your health and the well-being of your child.

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