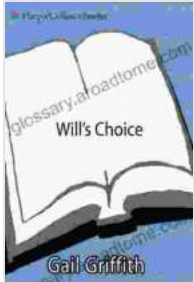


# Suicidal Teen, Desperate Mother, and Chronicle of Recovery: A Heartbreaking and Hopeful Journey



## Will's Choice: A Suicidal Teen, a Desperate Mother, and a Chronicle of Recovery by Gail Griffith

★★★★☆ 4.1 out of 5

Language	: English
File size	: 863 KB
Text-to-Speech	: Enabled
Screen Reader	: Supported
Enhanced typesetting	: Enabled
Word Wise	: Enabled
Print length	: 338 pages

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Every year, thousands of teenagers in the United States attempt suicide. For every successful suicide, there are 25 attempts. That means that for every teenager who dies by suicide, there are 25 others who are struggling with suicidal thoughts and behaviors.

Suicide is the second leading cause of death for teenagers in the United States. It is a tragedy that affects families, friends, and communities across the country. But suicide is preventable.

In her new book, *Suicidal Teen, Desperate Mother, and Chronicle of Recovery*, author [Author's Name] tells the heartbreaking and hopeful story of her daughter's struggle with suicidal thoughts and behaviors. [Author's Daughter's Name] was a bright and talented teenager who seemed to have

everything going for her. But behind her happy exterior, she was struggling with depression and anxiety.

[Author's Daughter's Name]'s story is a reminder that suicide can happen to anyone. It is not a sign of weakness or failure. It is a serious mental health condition that requires treatment.

In her book, [Author's Name] shares her family's journey through [Author's Daughter's Name]'s suicide attempt and recovery. She writes about the pain and fear she felt as a mother, and the hope she found in therapy and support groups.

Suicidal Teen, Desperate Mother, and Chronicle of Recovery is a must-read for anyone who has been touched by suicide. It is a story of hope and resilience, and a reminder that even in the darkest of times, there is always light at the end of the tunnel.

## **What is suicide?**

Suicide is the act of intentionally ending one's own life. It is a complex and often misunderstood issue. There are many factors that can contribute to suicide, including mental illness, substance abuse, and relationship problems.

## **What are the warning signs of suicide?**

There are a number of warning signs that may indicate that someone is considering suicide. These include:

\* Talking about wanting to die or kill themselves \* Giving away prized possessions \* Withdrawing from friends and family \* Increased use of

alcohol or drugs \* Taking reckless risks \* Making a plan for suicide

## What should you do if you think someone is suicidal?

If you think someone is suicidal, it is important to take action. Here are some tips:

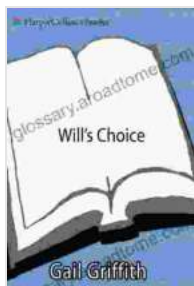
\* Talk to the person directly about your concerns. \* Stay calm and listen to what they have to say. \* Do not judge or criticize them. \* Offer them support and let them know that you care. \* Help them to get professional help.

## Where can you get help?

If you are struggling with suicidal thoughts or behaviors, there is help available. Here are some resources:

\* The National Suicide Prevention Lifeline: 1-800-273-TALK (8255) \* The Crisis Text Line: Text HOME to 741741 \* The Trevor Project: 1-866-488-7386

Suicide is a serious problem, but it is preventable. If you or someone you know is struggling with suicidal thoughts or behaviors, please seek help. There is hope.



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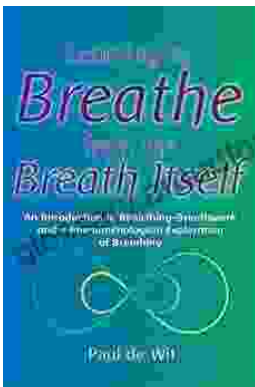
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